Citta chat



Autumn edition

Cittaslow Goolwa Newsletter

1st May 2025







From the President, Michael Keen

Hello Cittaslow Members and Friends,

The seasons might be changing, but what doesn't change is the time and effort our volunteers put into this great community organisation!

While many activities are ongoing, such as the Produce and Artisan Market, Community Garden and Cittaslow Corner, there are also a number of seasonal and occasional activities all of which you can read about in the following pages.

One significant activity has been in relation to the community consultations that Council has held regarding some of the heritage buildings in Goolwa. There is a detailed account of this on page 13.

Un update on this is that Council held a workshop last Monday so that our elected Councillors could discuss the proposed sale of Customers House in a less structured setting than a formal Council meeting. Various community representatives were invited to attend as observers to this workshop. Myself, Steve Grieve, John Setchell and Di Gordon were among those who attended.

We heard the Councillors and senior Council Managers openly discuss this topic. Central to this discussion was the My Say feedback that showed 83% of the responses were against the sale. The My Say report is on the Council website. If you want to read it in detail just click on this link:

Sale of Customs House Community Feedback Report

Generally the public do not participate in these workshops, however towards the end of the discussion we were invited to present our input. We all re-enforced the view that Customs House should not be sold and that the Council could utilise the significant expertise within the community to utilise Customs House and indeed help enliven the whole Wharf Precinct.

While no formal decisions were made, it was felt that positive steps were achieved. Council will consider this proposal at future Council meeting...so keep your fingers crossed.

CORE PROGRAMS



On the Corner, Goolwa Terrace & Cadell

Open: Thurs - Mon 11am - 2pm

Cittaslow Corner

s usual, we've had a busy time at the Corner over the Christmas and New Year school holidays and the many long weekends we have at this time of the year. Consequently, periods like these, gives us many opportunities to talk about Cittaslow and of course showcase local products, arts and crafts. We've been fortunate in being approached by

several crafts people to stock their products: Penny Walter who is an author and illustrator of children's books, photographer, Martin Leitch and Bec Peters Artworks who designs her own range of items such as cards and organic cotton items.

A Corner volunteer afternoon tea was held recently, and it was wonderful to see so many attend including some of our newest volunteers. It's a casual affair over a cuppa and something tasty to eat and enables an opportunity to meet fellow volunteers, share ideas and concerns, find out about the newest products and updates and reminders.

We recently received news from Council that the Cittaslow sign near the Corner building will be rejuvenated. One of our volunteers noticed the shabby condition of the sign and thanks to her eagle eyes we will soon have a new sign surround made from some of the salvaged timbers from the wharf upgrade.

A reminder to members that the Corner is a collection point for receiving donations of toiletries for distribution to Junction and/or Whalers to support local people in need. So, if you happen to like collecting those small bottles of shampoo, conditioner, body gel etc from your accommodation, these are ideal for donating.

You can also bring in for recycling, your blister packs from over-thecounter meds (ie Panadol, hayfever etc) but no webster packs thanks (as these are too hard to recycle because of the mixed materials). Or if you have large numbers of blister packs that you have been collecting, you can take them direct to the National Pharmacies in Victor Harbor (which is where a volunteer takes them anyway).

As always, more volunteers are needed. If you are interested in volunteering at the Corner (even one shift can help) it only takes a quick and simple induction and you are then ready to go. Please don't hesitate to contact Rose-Marie to express your interest: corner@cittaslowgoolwa.com.au



Savonettes: beautifully decorated and scented soaps.





The brothers are back in Goolwa at Ibis so we have Gilberts local honey for sale



Local author and her inspiring children's books

photography of some local icons. Can be used as cards or be framed





Locally produced tea towels, pencil cases and cards







Open Tuesday Mornings 145 Kessell Rd Goolwa



Cittaslow Community Garden – never a dull moment!

utumn is finally on its way - hopefully with some much-needed rain coming too? (cue rain dance from all Cittaslow members please!) But even with the continuing dry and vagaries of a long Summer, plus various marauding rabbits / rats/munching insects, our valiant volunteers manage our garden well enough to continue the supply of regular veggie and fruit goodies to the Children's Centre.

Recently, however, a mild panic ensued when we found a section of the tomato crop looking decidedly 'off' (technical term). The off-ness had a horrible similarity to the Tomato Rugosa disease afflicting growers up in the Riverland. We immediately stopped picking that area and gave it a wide berth. Authorities were contacted, photo evidence sent and we worried for a bit that we might have to close the garden. In a short time, though, we were visited, looked at and taken away for testing, (tomatoes, not gardeners). Happily, it wasn't bad news! Big sigh of relief and back in business. We were all happy and very impressed with the speedy help and service rendered. Thanks Dept Ag!!

The garden has also enjoyed a regular flow of other visitors, some hopefully to become new volunteers or just to have a look around, others are merely making a flying visit – literally – to check out morning tea...





As we are situated fairly close to the wildlife rescue centre, and our site is green with fruit and veg and lots of young plant seedlings, it is a good stop off place for the birds who are undertaking staged release. It would seem that veggie packing time as well as morning tea time are part of the Rosellas' itinerary 'on the way to self-reliance'. These occasional winged visitors also give us much happiness.







Jeralde Park, Wharf Precinct

Cittaslow Market

Cittaslow Produce and Artisan market

ur lovely market had a great start to the new year with the majority of our regular stall holders returning and a few new ones making enquiries or signing on. We welcomed Des with his Hindmarsh Island grown elephant garlic for a few weeks. His garlic is unfortunately seasonal, but he will hopefully be back next year. We also welcomed Fidock Farm, with their beautiful fresh and delicious vegies and salad greens, which have become very popular with both stall holders and visitors to the market.

Also 'Greg the Worm Man' has been spreading the word on worms, worm juice, worm farms and all other things wormy since being discovered at Victor Farmers Market. Greg has become a (hopefully) regular fixture. You can find him next to Mark of Garden Candy and anything you want to know about worms, just ask!

At the Cittaslow stall our sourdough range of bread – and yummy croissants – continue to be popular. Aficionado clients can now purchase a much wider range of amazing French patisserie and breads throughout the week from the newly opened Boulangerie 113 at Pt Elliot, should you run out before our next market comes around.

On Saturday 26th and Sunday 27th April the SA Wooden Boat Festival returned once again to the Goolwa Wharf Precinct. The Festivities coincided with one of our market dates, taking over Jaralde Park for the day, so the WBF organisers invited Cittaslow to hold the market in a different site, on the car park and lawns in front of the Customs House. This site worked well for both stall holders and shoppers and the whole town was abuzz with the excitement of the displays and activities and the large influx of visitors. As the first major event on the newly refurbished Wharf and buildings, this Festival has reinforced the heritage value of this whole precinct in the life of Goolwa.

An Invitation:

Are you, or do you know of, any local community groups who are looking to raise funds?

Cittaslow Market is offering a free occasional site to local organisations for the operation of a sausage sizzle stall. The group will need to supply their own equipment (marquee etc), but the site is free of charge. Interested parties can contact Sue Gelade (Market Manager) at: <u>market@cittaslowgoolwa.com.au</u> for details and bookings during the year.





INTEREST GROUP ACTIVITIES

FOOD & WINE Activities

AT THE WHARF

Wrap up for the season

e had a very successful summer 24/25 season with consistently good weather, a range of different bands and food trucks. The refurbished Signal Point site and the way we set up the stalls lends itself to a cosy and large room type atmosphere.

From the December event we featured local bands such as Mike and the Musos, Little fish, The Stormboys and finished the season on the 9th March with the 23 piece Goolwa Band. We had a variety of food trucks, Atomic , Blended Kitchen, Figjam Coffee, Paulies Pizza, The Mobile Chameleon, Kuti shack, Santopolato and of course the Cittaslow Paella. The crowd numbers have been consistent with dancing on the newly covered deck and at the bottom of the stairs. The Cittaslow run bar has been extremely busy selling local wine and beer. A special thank you to the ATW volunteers that assist setting up, packing up, staffing the bar, managing the waste, cashiers and cooking the Paella.

If you are interested in assisting next season in some small way, if only occasionally, contact myself at lauri@healthcareredesign.com.au

ATW dates	Time	Band	Food trucks
Sunday 5th Oct	5-8 PM	South Side	YTD
Friday 31st Oct	5-8pm	Storm boys	YTD
Friday 28th Nov	5-8pm	Slipway	YTD
Sunday 28th Dec	5-8pm	Mike and the Musos (tbc)	YTD
- subject to change			

The 25/26 Season starts on Sunday 5th October:



Some great photos from the December/January events over the page, thanks to the wonderful Rod Flintoff.

Lauri O'Brien ATW facilitator



Food and Wine - Gallery Bars

Art Gallery Exhibition Launches

n the first few months of 2025, Cittaslow volunteers have continued to provide a bar service at each of the exhibition launches in South Coast Regional Arts Centre and Signal Point galleries. This partnership with Alexandrina Council is beneficial for both: offering another opportunity for Cittaslow to raise funds which help to finance other parts of the program, raising our profile in the wider community while creating a relaxed, social atmosphere at Council's events and encouraging audiences to linger and engage with the art works.

In February the community was treated to an extensive celebration of the creative life of artist Michael Bryant in in Signal Point. Titled 'A Magnificent Obsession', it comprised a survey of his artworks featuring a range of works across media, paintings, drawings, collage, notebooks, and three-dimensional works focusing on the natural world, his relationships and dogs, music and art.

This was followed by 'Good Things Small Packages' in SCRAC, the ever-popular biennial showcase of the depth and breadth of artists from across the Southern Fleurieu region, working with a variety of media on a small scale. Both launches were well-attended and the beverages were warmly received.

Most recently, the launch of the exhibition associated with the SA (Goolwa) Wooden Boat Festival proved to be a very popular event on the Goolwa calendar. At a rough estimate, there were a few hundred people (a lot!) in attendance, and most passionate boating enthusiasts!

The launch was addressed firstly by guest speaker, Jane Hylton, introducing the 'Dream Team' behind the 'Re-igniting the Passion' project – an initiative celebrating the elegance of wooden craft, their makers and owners, and their importance to the industry and development of the township of Goolwa. It brings together the stories of paddle-wheeler enthusiasts, riverboat captains, sailors, shipwrights and restorers, marina operators and boating families through interviews and photographs.



Jane was followed by Rob Ayliffe, speaking on behalf of the long-term wooden boat enthusiasts, sharing tales of past and present, and acknowledging the troubled history of the early craft encountering the original custodians of the waters in our region. Then Vic Waclawik spoke as representative of the many artists featured in this expansive exhibition 'The Movement of Water'. This rich and fascinating show can be viewed at Signal Point Gallery until Sunday May 4th 2025.

Thanks must go to the team of Cittaslow volunteers who have staffed the bars over the months (and years in some cases!). (Especially Tony for finances, Terri for licenses, and Steve/Olaf for the set-ups and supplies of wine).

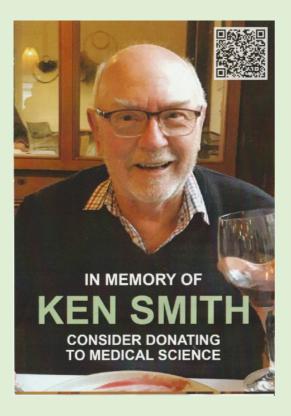
Christine Putland





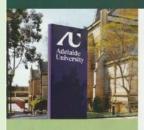


VALE KEN SMITH



BODY DONATION PROGRAM

The Faculty of Health and Medical Sciences at the University of Adelaide



CONTACT US

Phone: +618 8313 5998 Web: adelaide.edu.au Facebook: @uniofadelaide Twitter: @uniofadelaide

GIVE TO OUR FUTURE

Adelaide

Donating your body to science is one of the greatest gifts that you can give to make a lasting contribution to the education and training of our future health professionals and medical research. Please see the details for more information on body donation, or how to get in touch. Thank you. n December 2024, Cittaslow lost one of our long-term and much-loved members, Ken Smith. Alongside his wife, Debbie, Ken was a great contributor to our community through his involvement and volunteering in many groups, including through his time on the Southern Fleurieu Film Society Committee where his wide knowledge of films and film-making as well as his great passion for the medium, was invaluable. He and Debbie were well-known presenters (and much more behind the scenes) on Alex FM radio, and of course he served for several years on the Cittaslow Committee where he coordinated the association's publicity with great skill and diligence.

Many of you had the chance to celebrate his life and say your farewells in January at the Goolwa Surf Lifesaving Club, an event organised by Debbie's family with support from Cittaslow and SFFS representing the community. We consider ourselves very fortunate that Debbie continues to be a regular Cittaslow volunteer and good friend.

As a supporter of medical science research and education, Ken donated his remains to the Adelaide University, and Debbie has shared with us his wish to spread the word about this important program.



Environment Group News

Birchall Rd Reserve

e have been in consultation with the Council for some time to secure a licence to allow us to do planting and maintenance work in the Birchall Rd Reserve in Goolwa Beach. While the license is still being finalised, we have been given to goahead to start preliminary work.

The Reserve has an existing conservation area, a wetland, open space and an ephemeral stream that feeds into the wetland. It is around this stream we will be concentrating in the short term. We have approximately 4000 local native plants in our nursery to provide suitable species for this location.

An intitial meeting will be held at the park on Saturday 3rd May at 9am to introduce interested members to the site and to do some preliminary weed control, mainly the dreaded Gazanias. I am excited by the potential this Reserve has for us to make a valuable contribution to its conservation.

Iain Langusch









Autumn planting at the Wharf

As Autumn seems to have finally arrived, bringing much needed light rains, a small Cittaslow crew took the chance to plant the native grasses around the Hearthstone sculptures by Cedric Varcoe and emerging artists Amber Cronin and Anika Gardner. These works were commissioned by the K&S Langley Family together with the Helpmann Academy and launched in 2024, at which time Cittaslow volunteers offered to provide the landscaping.

Volunteers Iain Langusch, Olaf Hansen, Julie Obst, Steve Grieve and Jim Scattergood arrived early on Easter Monday to carry out the planting.



Cittaslow Goolwa

Environment Group News - continued...

CLLMM update for Cittaslow Members

On 24th March around 40 Cittaslow members registered to attend an update on the progress of research being conducted by the energetic team at the Coorong, Lower Lakes, Murray Mouth Research Centre on Barrage Road.

For those who have not yet caught up with this initiative, its purpose is 'to develop the evidence-base, capacity and capability that will identify future management actions to support... biodiversity and ecosystems services through collaboration between First Nations the community, management agencies and researchers'. Their base within the region, located in Goolwa, represents a unique approach providing an opportunity for involvement of the whole community in the design, delivery, and dissemination of knowledge to inform decision making.

Centre Manager, Jane French, explained the Research Centre's multi-layered management structure, involving partnerships with the South Australian Government and Universities, the CSIRO and Goyder Institute, and funding by the Department of Climate Change, Energy, the Environment and Water.

Nick Whiterod, Science Program Manager, gave an overview of the 25 projects that the Centre is currently focusing on to develop an understanding of the impacts and necessary responses to climate change. Through the themes of Climate Adaptation, Ecosystem Services, Climate Mitigation and Threatened Species and Biodiversity, he gave examples of how particular initiatives are working and the opportunities for local community involvement. Following the presentation, members were able to view the augmented reality sand-box showing topography of the region with projections showing movement and migration patterns of water birds.

The numbers attending and the number of follow-up questions asked were a clear indication of Cittaslow members' interest in and enthusiasm for the work they are doing.

Thanks to Michael Keen and Steve Grieve for providing the Cittaslow refreshments for all to enjoy.

An international perspective...

As an added point of interest, Pier Giorgio, Secretary General of Cittaslow International Headquarters, has invited us to participate in the 2nd Cittaslow International Rivers and Lakes Summit to be held on 18th July in Parma, Italy. Delegates from Cittaslow member communities may attend (online) to present details of policies and practices for the 'regulation and valorization' of rivers in their region, to gain an international We have discussed this perspective. opportunity with Mayor Keith Parkes and Nick Whiterod of CLLMM and plans are being made for them to give a joint account of developments in our region.





COMMUNITY EVENTS



LOCAL FOOD ON COUNTRY Ya:yurum Ngarindjeri Ruy-angk

Producers & Supporters

Hayley for Native Food Catering **Future Farmers SA** Hey Baker Cockatoo Creek Farm Manu Deliahts Fidock Farm Choice Mushrooms 81 Acres Mumeruki Ruwi - Ngarrindjeri Florist Kaiyu Superfoods Mount Moon Seedlings Peninsula Providore The Fresh Coffee of Belle-Air Fleurieu Water Fleurieu Golf Carts Small Good Things Butcher, Mt Compass

On Sunday 6th April the second Local Food on Country was held at the Peninsula Providore in Tooperang. This is one of the key events organised by the Hills and Fleurieu Local Food Futures project. Cittaslow Goolwa is an kind supporter of this project.

The day was aimed at bringing local producers and thier products in direct contact with local consumers while acknowledging the First Nations connection to the land on which we use.

There were 16 local producers and businesses in attendance as well as a Cittaslow stall where Iain was selling his wonderful seedlings.

A happy group of Cittaslow members volunteered their time helping with everything from greeting attendees, to making salads, assisting with food sales and BBQing sausages and mushrooms for lunch packs....thank you for your help on the day.

Those at the event were asked to complete a survey to help gather information about local food systems. Gathering data is important to help drive change. The survey is still available to do on line, so even if you didnt attend, but would like to add your views on local food, please use the link to go to the survey. <u>LFOC survey</u>

A lot of positive feedback has been received so we look forward to the next Local Food on Country. In the panel to the left is a list of the producers and businesses that participated in LFOC. You might like to look them up on line to see how you might continue to access their products and support the local food system.



Cittaslow Goolwa

Council Consultations

Heritage, Arts and Culture - at the core of Cittaslow's concern

It will come as no surprise to members that preserving our natural and built heritage, acknowledging and fostering the creativity of our artists and artisans, and respecting the history and culture of our community, are values at the very heart of Cittaslow.

In January this year, when Alexandrina Council launched MySay consultations focusing on the proposed sale of the Customs House, the re-location of both the Visitor Information Centre and the effective closure of the South Coast Regional Arts Centre, we had a lot to say about it, along with many others in the community.

At very short notice, Cittaslow co-hosted an open public meeting held with the Goolwa Community Centre to discuss Council's proposals and it was standing room only!

An outcome from this meeting was a small delegation (comprising Steve Grieve, Carol Gaston, John Setchell and Christine Putland) which met with newly arrived CEO Andrew MacDonald to explain our concerns. The main message we wanted to convey to Council was simple: rather than charging headlong into decisions that were irreversible and potentially destructive of community and economy, to PAUSE and listen, to hear the community's perspectives and ideas, then consider the full range of options. The response to this discussion was very positive and encouraging.

Many Cittaslow members, including President Michael Keen on behalf of the Committee, made impassioned and well-informed submissions to the consultation echoing the need to consider a wider range of approaches to retaining valuable assets while ensuring economic viability.

The results of the MySay survey and submissions were clear – the community overwhelmingly rebuffed the proposals to move the VIC into the Signal Point premises, or sell the Customs House for private hotel development. There was also very strong resistance to 'relocating' the SCRAC to Signal Point amongst those familiar with the distinct roles of these two galleries and the likely impact of the loss of the Old Police Station as a unique community gallery.

Elected Members considered the Council administration's reports on the consultations at the 17th March meeting and, very broadly, agreed to pause both the proposed sale of the Customs House pending a workshop during April followed by a further report within one month, and the re-location of SCRAC and VIC to Signal Point pending further workshop and reporting. For more information, members are directed to the Alexandrina Council website about the dates of these workshops and the detail of Council Minutes.

Meanwhile, many in the community are continuing to explore opportunities to make best use of the huge strengths and potential that exist within the wharf heritage precinct itself and amongst its creative population. Other community groups such as Armfield Slip are keen that we all work together to protect the entire Goolwa Wharf Heritage precinct.

Christine Putland

FRUIT FOREST, INFOODLE, MEMBERSHIP AND COMMUNICATION.

A strange heading, hopefully to attract your attention.

Starting with the Fruit Forest, which, as members might remember, appears as a tick box item on the membership application form along with other interest groups. The Fruit Forest was an ambitious project by the then environment group to plant fruit trees in the Murray Smith Park area for the benefit of the public. Initiated around 2017/18, sadly it failed to survive due to high salinity, difficulty in watering and wilful damage. Despite this, the tick box on our application form remains and remains popular. As we have thousands of these forms, and it is contrary to Cittaslow ethics to waste paper or money, the contradiction will persist for some time yet.

So why the focus on a tick box on the application form? The tick boxes indicate an applicants interest in the various activities of the organisation, i.e. Food and Wine, Market, At the Wharf, Environment etc, and this is where Infoodle makes an entrance.

Infoodle is a NZ based management software system for not-for-profit organisations such as ours, charities, church groups and others. For Cittaslow it manages all our administrative needs including finance, administration and, importantly, membership.

Thus, the interest groups that the applicant indicates on the application form are recorded into Infoodle which will then control the flow of information from the group co-ordinators to members. If you had ticked the Fruit Forest box, you would get emails relating to the Fruit Forest, and the contrary applies.

Clearly members interests can change over time, especially as we call for more volunteers in some areas especially, such as the Market set up/ take down, and ATW bumb-in, bump-out activities. In order to receive specific information on these activities, Infoodle needs to know your interests, which in turn means advising the membership team to get the data base updated. This can be done through the Group Co-ordinators whose contacts appear on the membership welcome letter, on the last page of each newsletter, through any committee member, by email to admin@cittaslowgoolwa.com.au, or by reply to the annual membership renewal letter.

So please keep up to date with the information flow by keeping the membership team up to date with your interests.

Finally it is hard to conclude without acknowledging the membership team. Infoodle is a tricky beast as it tries to be all things to a host of different organisations with differing structures and ambitions, and the membership data base is perhaps the trickiest part of all. Thankfully our hard working and out-of-sight team members Lynn Maxwell and Vicki Knight have the beast under control and do a wonderful job managing the records of well over 200 members. They look forward to hearing from you with any changes.

Tony Hargreaves



A NOTE OF THANKS ...

Dear Christine,

On behalf of the Goolwa Primary School Graduation Commitee, we extend our deepest gratitude to you for your invaluable support and presence at the 2024 Graduation Ceremony. Your generosity and commitment have played a crucial role in making this milestone possible, and we are deeply appreciative of your contributions.

As a donor and special guest, you have helped us celebrate the achievements of our graduates and inspire them to reach even greater heights in the future. Your dedication to our cause makes a lasting impact on the lives of those we serve, and for that, we are truly thankful.

Your support not only helps foster academic excellence but also empowers students to pursue their dreams and create a brighter tomorrow. We are honoured to have you as part of our community and look forward to the continued success that we can achieve together.

Please find attached the stage photos of the award recipients you kindly sponsored for your Socials or Newsletters. Science and Environment - Georgina McAuliffe

Kind regards, Emma Francis Upper Primary Teacher





On behalf of Goolwa Primary School, we extend our heartfelt gratitude for your continued support and presence at the 2024 Graduation Ceremony. Your generosity and commitment have made this milestone possible, and we deeply appreciate your contributions and support you have given to our students.

UPCOMING COMMUNITY EVENTS

Cittaslow events:

- + COMMUNITY GARDEN: Tuesdays 9am 12pm Kessell Rd
- PRODUCE AND ARTISAN MARKET: Second, Fourth & Fifth Sunday of the month (February to December), from 9am - 1pm - Jaralde Park
- FOOD & WINE GROUP: Last Monday of the month (February to November) 5:00 pm -Goolwa Aquatic Club
- **AT THE WHARF:** Generally the last Friday of the month from October thru March 5pm Signal Point Deck see calendar on page 5.
- MORE INFORMATION: about the Cittaslow movement, Cittaslow Goolwa and all our activities here: cittaslowgoolwa.com.au

The Goolwa Community Association Inc has recently been formed to organise the Christmas Pageant and broaden the community events in Goolwa. Some of you might have attended their first event..the Murray Sunset Culinary Festival last month. It was a great success! Their next is:

Goolwa Community Association
Helping support a connected community through commmunity run events
Presents
The Winter
Wonderland Markets
June 7 th 2025 2pm until 8pm Jaralde Park Goolwa Wharf Precinct.

Key Cittaslow Contacts 2025

GENERAL INQUIRIES

COMMITTEE President Vice Presidents

Treasurer Secretary

Members

CITTASLOW CORNER Coordinator

COMMUNITY GARDEN Volunteer Liaison

Newsletter

CITTASLOW GOOLWA PRODUCE & ARTISAN MARKET

FOOD & WINE GROUP Chair / Notetaker

ENVIRONMENT GROUP Convenor/Chair Liaison

AT THE WHARF EVENTS Coordinators

PUBLICITY Coordinator/Print/Radio Website

MEMBERSHIP Liaison/financial Registration/data base

NEWSLETTER Content Coordinator/Editor Designer/Creator Michael Keen Christine Putland Olaf Hansen

Tony Hargreaves Terri Gibson

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Rose-Marie Vasiljuk

Chris Schofield

Sue Gelade

Susan Gelade

(Rotating roles)

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Please send contributions to: <u>newsletter@cittaslowgoolwa.com.au</u>